

Brookwood Swim/Dive Newsletter

Tuesday,
January 31st,
2012

(newsletter #10 for 2011-2012 season)

Good is not
good enough
when better
is expected

Meet Results -County Championships

Girls—County CHAMPIONS
987—921(MC)
2nd year in a row
and 12th time in past 14 years

Boys— 5th place
646— 731-797-820-1016

Both teams had impressive performances across the board. Most individuals had best times or scores for the season. The highlights listed below include only the individuals who earned points by placing in the top 30. In addition there were numerous incredible performances in the prelims by individuals that unfortunately did not get to come back to the finals and build on those nice swims.

Meet Highlights -

-Boys 200 MR of Aidan Sweeney, Nick LaMontagne, Dustin Nguyen, and Michael Trice were County champions with a time that is a new County meet record, Brookwood record, and also an All-American consideration time.

-Girls 400 FR of Kelsey Gouge, Becky Bass, Evan Parker, and Rachel Muller were County champions.

-Michael Trice was County Champion in 50 free and set a new County meet, Brookwood and County record with his time of 20.74 that is an Automatic All-American time. He was also County Champion in the 100 free.

- Rachel Muller was County Champion in 200 free and 500 free. Both times were Automatic All-American times and County meet records.

-Aidan Sweeney was County Champion in both events—200 IM & 500 Free. His 500 free time was a new meet record, Brookwood record and also an All-American consideration time.

-Stephen Jou placed 2nd in diving with a score of 477.25 which is a new Brookwood record and All-American consideration score.

-Kelsey Gouge was County Champion in 100 Free with an All-American consideration time and was runner-up in 50 free with an All-American consideration time

- New State qualifying times for Kally Doyle, Steven Lewis and Jing Tan.

In addition to these highlights the following individuals placed in the top 30 and earned team points —

For the boys -

Nick Lamontagne— 5th in 100 breast & 21st in 50 free
Dustin Nguyen—11th in 200 IM & 12th in 100 breast
Mitch Hotop—13th in 100 free & 16th in 200 free
Keenan Sweensy— 14th in 500 free & 17th in 200 free
Matthew Heaton—17th in 100 breast & 26th in 50 free
Austin Harmel—17th in 500 free & 30th in 200 free
Charlie Chang—18th in 500 free
Steven Lewis—19th in 100 breast
Sam Tate— 20th in 20 IM & 24th in 100 back
Dylan Diener—22nd in 200 IM & 100 fly
Jared Heintz—23rd in 100 back & 30th in 100 free
Nate Albers—25th in 100 back
Curry Reach—30th in 100 back

And for the girls—

Anna Jahns— 3rd in 200 free & 4th in 500 free
Elizabeth Garreau— 3rd in 100 breast & 5th in 200 IM
Morgan Duncan—4th in 100 back & 8th in 50 free
Evan Parker—7th in back & 8th in 100 fly
Sarah Frey—7th in 100 breast & 11th in 200 IM
Becky Bass—8th in 50 free & 9th in 100 free
Elizabeth Trettel—9th in 100 fly & 15th in 100 free
Avery White—11th in 500 free
Elizabeth Gouveia—13th in 200 IM & 22nd in 100 fly
Kally Doyle—14th in 500 free & 17th in 200 free
Kristen Marsh—17th in 200 IM & 29th in 100 fly
Sarah Bruns—18th in 50 free & 100 free
Hailey Dixon—19th in 200 free
Tessa Heron—19th in 100 back
Jing Tan—100 breast
Megan Hansen—20th in 100 back

Athletes of the Meet

Steven Lewis—dropped 1.3 seconds in his 100 fly and an impressive 3.7 seconds in 100 breast to get his first State qualifying time while also earning points for his 19th place finish

Sam Tate—impressive drop of time in both of his events to place 20th & 24th in his events of 200 IM (2.8 sec. drop) & 100 back (1.7 sec. drop)

Sarah Frey— both events seemed to click as she dropped 3.5 seconds in her 200 IM to place 11th and dropped 1.6 seconds in her 100 breaststroke to place 7th

Elizabeth Garreau—dropped tremendous time in both events to place in the top 5 in both events. In her 200 IM she dropped over 3 seconds and in her 100 breaststroke she dropped over 2 seconds to post the 6th fastest time in the State

Morgan Duncan— after struggling for a few meets due to illness and injury she recovered at the right time to help the team with two strong performances. Her drop of 1.1 seconds in the 50 free is currently the 19th fastest time in the State and her drop of 1.3 seconds in the 100 back is currently the 9th fastest time in the State.

County Awards Celebration

-will be held at Meadowcreek HS on
Wednesday, March 14th
-invitations will come at a later date
-following individuals will be recognized—
County All-Stars, All State team members,
All American athletes, Senior academic team,
Athletes of the Month, & Outstanding seniors.

State Meet Team

The 27 State qualifiers need to meet in
Coach Puckett's room on
Friday, February 4th at 7:00 AM.
At this meeting you will be given very important
information about the plans for the upcoming
State meet.

Misc. Information

Rented parkas—if you rented a parka from the Booster club you need to return it to either Coach Puckett or Kelly Parker when your season is over.

Banquet—

Mark your calendars
Tuesday, March 6th
6:30 pm in Commons area
Reservation \$ should have been turned in by Friday, February 7th. If you have NOT turned it in yet then you need to get it taken care of before it is too late and the banquet plans have been finalized—without you!
If you have misplaced your banquet form you can download another one from the website

State Tournament

All competitions will be held at the Georgia Tech natatorium.

Friday, Feb. 10th—

Dive Finals— warm-ups 7:00—9:00 AM
girls competition begins at 9:00 am,
boys competition begins after conclusion of girls (11:00ish)

Swim Prelims— warm-ups 5:00—6:30 pm
Competitions begins at 6:30 pm and should conclude around 10:30 pm

Saturday, February 11th—

Swim Finals— warm-ups 4:00—6:00 pm
Competition begins at 6:00 pm

** Admission costs—\$10 per day**

Last year's State meet was successful and very exciting because of the support of the fans in attendance. We had the rowdiest bunch of fans at the State meet last year. This support was instrumental in the success of both teams. Both teams have the opportunity to be very successful at this year's State meet—State Champions?!

That success may depend on the support they receive at the meet. I therefore ask you and encourage you to come out and support your team.

Go Broncos!!!

Sat. Feb. 11th there will be extra space on the bus for the first 10-15 individuals that let Coach Puckett know they are going to the swimming Finals. The bus will be leaving Brookwood at **3:00 pm**